

A

Access to Medical Treatment Act (HR 2792), #265/266 p.70
 Acetyl-L-carnitine, diabetic neuropathy, #269 p.48
 Achievements in Research & Clinical Excellence Awards,
 Integrative medicine for anti-aging, #269 p.22
 Acidity, bone loss, #261 p.18
 Acne, #258 p.139
 Acupuncture, #263 p.36-7
 Acupuncture, addiction, #269 p.81-4
 Acupuncture, chemotherapy, #264 p.135
 Acupuncture, chronic fatigue, #265/266 p.39-42
 Acupuncture, inflammation, #262 p.52-3
 Acupuncture, nephritis, #267 p.110-12
 Acupuncture, osteoarthritis, #264 p.143
 Acupuncture, osteoporosis, #261 p.85
 Acupuncture, repetitive strain injuries, #259/260 p.139-43
 Acupuncture, sciatica, #258 p.128-9
 Acupuncture, tooth & mouth diseases, #263 p.83-5
 Acupuncture, urge incontinence & bladder overactivity, #267 p.21
 Acupuncture, urinary incontinence, #269 p.142
 Adaptogens, *Rhodiola rosea*, #262 p.26-8
 Addiction, acupuncture, #263 p.36
 Addiction, acupuncture & auriculotherapy, #269 p.81-4
 Adenomyosis, #258 p.138
 Adrenal dysfunction, abnormal DNA methylation, #262 p.83
 Adrenal dysfunction, naturopathy, #259/260 p.59-62
 Advanced Naturals MAX formulas, gastrointestinal problems,
 #259/260 p.123-6
 Aging, #269 p.114
 Aging, calorie restriction, #269 p.62
 Aging, dysoxygenosis, #269 p.130-4
 Aging, exercise program, #259/260 p.16
 Aging, free radicals & mitochondria, #269 p.25+
 Aging, Jalal ad-Din Rumi, #269 p.27
 AHCC (active hexose correlated compound), natural killer cell
 activity, #259/260 p.88-92
 AIDS, Africa, #268 p.32-4, #269 p.33-6
 AIDS, distance healing/prayer, #259/260 p.52
 AIDS, Roberto Giraldo, MD, #267 p.44-5
 AIDS, US (1981-1987), #265/266 p.88-9
 Air quality index, #268 p.27
 Alcoholism, kudzu, #259/260 p.22
 Alcoholism, nutritional treatment, #258 p.83-8
 Alkylamides, immune effects, #259/260 p.42-4
 Alkylresorcinols, whole wheat & rye, #267 p.27+
 Allergic reactivity, cromolyn sodium, #265/266 p.28
 Allergies, enzyme activity, #261 p.64-5
 Allergies, prevention, #262 p.118-20
 Allergy & Environmental Health Association (Canada),
 environmental illness, #265/266 p.70
 Alzheimer's, acetyl-L-carnitine & alpha lipoic acid, #269 p.24
 Alzheimer's, PET scans, #259/260 p.23
 Alzheimer's, sage, #265/266 p.46+
 Alzheimer's, whole foods, #265/266 p.92-4
 Ameba infection, rheumatoid disease, #262 p.20+
 American Cancer Society, conspiracy myth, #267 p.34-5
 American Cancer Society, myths, #268 p.46-8
 American Society of Clinical Oncology, targeted drug therapies,
 #265/266 p.44-5
 Ampligen, chronic fatigue syndrome, #265/266 p.24
 Angina, Chinese herbal medicine, #262 p.38-42
 Angiogenesis inhibition, cancer, #264 p.60-4
 Animal medicines, homeopathy, #258 p.63-5
 Animals, homeopathic care, #259/260 p.121
 Annapurna Center for Self Healing (Port Townsend, WA), #262
 p.68-72
 Antibiotics, alternatives, #262 p.93, #263 p.77, #268 p.41-2
 Antibiotic-sensitive infections, CFS/fibromyalgia, #262 p.116-17

Anticatarhals, phytotherapy, #268 p.101+
 Anticoagulants, cancer, #264 p.100-2+
 Antioxidants, #261 p.24
 Antioxidants, Adriamycin/Cytosin, #267 p.120
 Antioxidants, free radical theory of aging, #269 p.25+
 Anxiety, dialysis, #267 p.94
 Anxiety disorders, herbs, #261 p.44
 Anxiety disorders, orthomolecular treatment, #259/260 p.82-7
 Arachidonic acid, inflammation, #265/266 p.80
 Aravind Eye Care System, online, #265/266 p.16-17
Artemisia annua (wormwood), cancer, #261 p.45-6
 Arteries, vitamin K, #264 p.23+
 Arthritis, COX-2 alternatives, #269 p.120-2
 Arthritis, food sensitivities, #258 p.139
 Arthritis, Nordic Naturals fish oil study, #267 p.16
 Ashwagandha, inflammation, #259/260 p.149+
 Aspartame, #259/260 p.104, #262 p.89-90, #264 p.96
 Asthma, chemical hypersensitivity, #265/266 p.59-61
 Asthma, Chinese herbal medicine, #268 p.109-10
 Asthma, global warming, #268 p.25-6
 Atherosclerosis, meditation, #269 p.128
 Atrophic vaginitis, natural medicine treatment options, #265/266
 p.117-19
 Attention deficit-hyperactivity disorder, iron deficiency, #264
 p.24
 Attitudes, cancer, #264 p.50+
 Attitudes, longevity, #259/260 p.49-50
 Auriculotherapy, addiction, #269 p.81-4
 Autism, homeopathy, #265/266 p.107-8+
 Autism, mercury, #264 p.30-1
 Autoimmune disease, polyunsaturated fats, #258 p.112
 Ayurvedic preparations, safety, #262 p.48
 Azelaic acid, rosacea, #258 p.36

B

Back, #258 p.22-3
 Back pain, hypnosis, #258 p.62
 Back pain, sound frequency, #258 p.119-20
 Bacterial infections, intravenous hydrochloric acid infusions,
 #267 p.72+
 Bacterial vaginosis, natural medicine treatment options,
 #265/266 p.116-17
 Bastyr University, #259/260 p.20
 Bee venom therapy, inflammations, #262 p.16
 Beljanski, Mirko, PhD, cancer DNA, #264 p.70-4
 Bell's palsy, B12, #258 p.36
 Berberine, cholesterol & triglyceride levels, #265/266 p.30
 Beta-amyloid, Alzheimer's, #265/266 p.92-4
 Biofeedback, #265/266 p.102
 Biofeedback, dialysis/congestive heart failure, #259/260 p.48
 Biofilms, #263 p.73-4
 BioniCare (R) Model BIO-1000™ System, osteoarthritis, #258
 p.121-2
 Bird flu virus, #269 p.14
 Birth control pills, St. John's wort, #258 p.139
 Bisphosphonate, osteonecrosis warning, #261 p.18
 Bladder fistula, prolonged labor, #267 p.24
 Bladder infections, #258 p.138
 Bladder overactivity, acupuncture, #267 p.21
 Bleeding, yarrow & ice water, #267 p.72
 Blood pH, metabolic balance, #259/260 p.114
 Blood pressure, inaccurate measurement, #258 p.38
 Blue cohosh, perinatal stroke, #261 p.45
 Body fat, tea catechins, #263 p.26
 Bone broth, online, #259/260 p.74-81
 Bone bruises, lymphedema, #258 p.68-9
 Bone cancer, fluoride, #268 p.23
 Bone disease, anthropology, #261 p.74-6
 Bone health, #261 p.68

Bone health, calcium-vitamin D, #261 p.102
 Bone health, internet, #261 p.82-3
 Bone health, nutrition, #261 p.21+
 Bone health, oxygen homeostasis, #261 p.86-93
 Bone health, vitamin K, #261 p.24, #261 p.39-40
 Bone loss, acidity, #261 p.18
 Borage oil, multiple sclerosis, #261 p.62-3
Borrelia burgdorferi, detection & Bradford Institute therapy, #258 p.70-9
Boswellia serrata, inflammation, #259/260 p.148
 Botanicals, cancer drug interactions, #264 p.110-12
 Botanicals, pain management, #258 p.24-6
 Bowen technique, #258 p.28
 Bradford Research Institute, Lyme disease, #258 p.70-9
 Brain, fluoride, #261 p.56-7
 Brain tumor, nutrition & radiation, #259/260 p.112-13
 Breakfast, calorie intake & insulin response, #265/266 p.30
 Breast Cancer Awareness Month, #267 p.36-9
 Breast cancer, sugars, #264 p.17
 Breastfeeding, #262 p.126-7
 Breath control (BreathSounds), stress, #259/260 p.20
 Breathing, hypertension, #259/260 p.48
 Breathing meditation, #267 p.83
 Bromelain, pain management, #258 p.24-5
 Bronchitis, homeopathy, #268 p.59-60
 Broth, #261 p.62
 Broth, nutritional benefits, online, #259/260 p.74-81
 Brownstein, Dr. David, #269 p.22
 Burns, heparin, online, #267 p.66-9+, #269 p.66
Bu Zhong Yi Qi Tang, spleen qi vacuity & liver-spleen disharmony, #265/266 p.96-101

C

Cadmium, renal tubular damage, #267 p.21+
 Caffeine, pain, #258 p.140
 Calcium intake, kidney stones, #267 p.22
 Calcium intake, weight loss, #259/260 p.35
 Calcium supplements, bioavailability, #261 p.18+
 Calcium-Vitamin D, bone loss, #261 p.102
 Calendula, radiation dermatitis, #261 p.103
 Calorie restriction, aging, #269 p.62
 Calorie restriction, longevity, #269 p.24+, #269 p.46
 Cambridge Heart Antioxidant Study, vitamin E, #259/260 p.107-8
 Cancer, adjunctive nutritional interventions, #264 p.144
 Cancer, alternative treatments, #264 p.13
 Cancer, anticoagulants & fibrin, #264 p.100-2+
 Cancer, Carctol (Ayurvedic herbal remedy), #259/260 p.21
 Cancer, chronic inflammation, #262 p.24-5
 Cancer, conspiracy, #267 p.34-5
 Cancer, coping styles, #264 p.14
 Cancer, Dr. Abram Hoffer regime, online, #264 p.78-80
 Cancer, drug-botanical interactions, #264 p.110-12
 Cancer, dysoxygenosis, #264 p.122-6+
 Cancer, feverfew, #264 p.20-1
 Cancer, iron chelators, #264 p.81-4
 Cancer, lifestyle & nutrition factors, #264 p.14
 Cancer, linoleic acid, #264 p.98
 Cancer, liquid cartilage extract, #264 p.59-64
 Cancer, Moss Reports, #268 p.48
 Cancer, National Cancer Institute, #259/260 p.32-3, #261 p.28-9
 Cancer, nutraceutical use, #264 p.44-6
 Cancer, pain management, #258 p.28
 Cancer, pesticides, #261 p.32-4
 Cancer, Poly-MVA, #264 p.16
 Cancer, qigong, #264 p.87-9
 Cancer, radiofrequency electromagnetic fields, #269 p.58-60
 Cancer, Royal Rife, #268 p.97
 Cancer, stress, #264 p.48-52
 Cancer, surgery, #268 p.46-8

Cancer, targeted drug therapies, #265/266 p.44-5
 Cancer, vitamin C, online, #269 p.18
 Cancer, vitamins & supplements, #264 p.106
 Cancer Control Society, #268 p.7+
 Cancer DNA, Beljanski, Mirko, PhD, #264 p.70-4, #265/266 p.110-11
 CancerGuides, 2005 conference, #263 p.21
 Cancer industry, chemicals & pollution, #264 p.108-9
 Cancer prevention, Ayurveda, #264 p.41-2
 Cancer prevention, Formula #18 supplement, #264 p.66-9
 Cancer prevention, green tea & turmeric, #264 p.41-2
Candida albicans, #267 p.54-6
Candida, thiamine deficiency, #262 p.80-1
Candida vulvovaginitis, *Lactobacillus*, #261 p.102
 Canker sores (Aphthous Stomatitis), nutrition, #269 p.144+
 Canker sores, toothpaste, #263 p.25
 Capillary fragility, health effects, #267 p.114-16
 Capillary fragility, nutrition, #265/266 p.120
 Carctol (Ayurvedic herbal remedy), cancer, #259/260 p.21
 Cardiac arrest, coenzyme Q10, #262 p.22
 Cardiovascular disease, diabetes, #267 p.46-8
 Cardiovascular disease, garlic, #269 p.55-6
 Cardiovascular disease, green tea, #269 p.51-4
 Cardiovascular disease, linoleic acid, #264 p.97-8
 Cardiovascular disease, Nattokinase NSK-SD, #267 p.17
 Cardiovascular disease, vascular endothelial growth factor, #262 p.18+
 Caregiving, stress & infections, #262 p.46-7
 Carotid atherosclerosis, B-vitamins, #269 p.47
 Cavitations, insurance, #265/266 p.78-9
 Cavities, saliva prediction test, #263 p.17
 CEE (Premarin), urinary incontinence, #264 p.24
 Cell phones (see also mobile phones), #264 p.77
 Cell phones, #265/266 p.79
 Cell phones, cancer, #269 p.58-60
 Cell phones, children, #264 p.26-8
 Cell phones, health risks, #263 p.22-4
 Cellular aging, psychological stress, #269 p.28
 Cellular wisdom, #263 p.70
 Censorship, AIDS in Africa, #269 p.33-6
 Censorship, health information, #269 p.20
 Center for Mind-Body Medicine, stress reduction program, online, #269 p.38-9
 Cerebral palsy, umbilical cord stem cells, #269 p.27+, #269 p.68-9+
 CFS/fibromyalgia, antibiotic-sensitive infections, #262 p.116-17
 Checklists, #264 p.136-7
 Chelorex (oral chelator), heavy metal toxicity clinical trial, #265/266 p.62-9
 Chemical toxins, #262 p.33-5
 Chemical toxins, cancer, #264 p.108-9
 Chemotherapy, antioxidants, #267 p.120
 Chemotherapy, selenium, #258 p.38
 Chemtrails, #268 p.27+
 Childhood diarrhea, glutamine, #261 p.24
 Children, cell phones, #264 p.26-8
 Chinese herbal medicine, asthma, #268 p.109-10
 Chinese herbal medicine, *Bu Zhong Yi Qi Tang*, #265/266 p.96-101
 Chinese herbal medicine, common cold/influenza, #259/260 p.53-6
 Chinese herbal medicine, coronary heart disease, #262 p.38-42
 Chinese herbal medicine, diabetic nephropathy, #267 p.86-7
 Chinese herbal medicine, migraine/headache, #258 p.50-2
 Chinese herbal medicine, osteoporosis (post-menopausal), #261 p.35-6
 Chlorella, #265/266 p.24
 Cholesterol, berberine, #265/266 p.30
 Cholesterol, heart disease, #262 p.16
 Cholesterol, immune response to infection, #268 p.37

Choline, homocysteine, #265/266 p.29
 Chronic disease, living with 'unseen' disease, #265/266 p.86
 Chronic fatigue syndrome, acupuncture, #265/266 p.39-42
 Chronic fatigue syndrome, Ampligen, #265/266 p.24
 Chronic fatigue syndrome, antiviral pathways, #265/266 p.26
 Chronic fatigue syndrome, *Coriolus versicolor*, #267 p.20
 Chronic fatigue syndrome, creatine, #269 p.95-6
 Chronic fatigue syndrome, Pall's elevated nitric oxide/peroxynitrite hypothesis, #265/266 p.52-6
 Chronic fatigue syndrome, web sites, #265/266 p.32-3
 Chronic inflammation, cancer, #262 p.24-5
 Chronic inflammation, diet, #262 p.17+
 Chronic lung disease, essential fatty acids, #267 p.28
 Citricidal (grapefruit seed extract), yeast overgrowth, #267 p.55-6
 Clinic design, #259/260 p.118
 Codex Alimentarius, #268 p.28
 Codex Alimentarius, DSHEA, #267 p.18-19
 Codex Alimentarius, supplement regulation, #262 p.18+
 Coenzyme Q10, cardiac arrest, #262 p.22
 Coenzyme Q10, chronic renal failure, #267 p.26
 Coenzyme Q10, migraines, #268 p.38
 Coenzyme Q10, oral health, #263 p.44
 Coenzyme Q10, statin drugs warning label, #263 p.14
 Cognitive function, nutritional support, #265/266 p.92-4
 Cognitive function, supplements & diet, #269 p.24
 Cognitive therapy, pain management, #259/260 p.48
 ColdQuell, common cold/influenza, #259/260 p.53-6
 Colonics, detoxification, #264 p.31-2
 Colonoscopy, sedation-free, #261 p.26
 Colorectal cancer, well-done meat, #259/260 p.34
 Common cold, Chinese herbal medicine, #259/260 p.53-6
 Complementary & alternative medicine, bias against, #263 p.50-3
 Complementary & alternative medicine, CDC survey on use, #259/260 p.21
 Complementary & alternative medicine, clinic design, #259/260 p.118
 Complementary & alternative medicine, Dr. Wallace Sampson, #268 p.96
 Complementary & alternative medicine, education (Minnesota), #258 p.34-5
 Complementary & alternative medicine, encyclopedia, #261 p.71
 Complementary & alternative medicine, Institute of Medicine report, #261 p.30-1
 Complementary & alternative medicine, internet, #259/260 p.20
 Complementary & alternative medicine, marketing, #259/260 p.18-19
 Complementary & alternative medicine, medical & CAM schools (Portland, Oregon), online, #267 p.58-9
 Complementary & alternative medicine, professional survival, #264 p.132-3
 Complementary & alternative medicine, Royal College of Alternative Medicine fellowship, #258 p.21
 Complementary & alternative medicine, use of plant-based therapies, #267 p.16
 Composting, worms, #267 p.33
 Compulsion, #268 p.98
 Congestive heart failure, biofeedback, #259/260 p.48
 Congestive heart failure, vitamin E, #262 p.20
 Connective tissue repair, manganese, #269 p.14
 ConsumerLab.com, nutrition powders & drinks, #268 p.18
 ConsumerLab.com, SAME, #259/260 p.16
 Contagious disease, anthropology, #268 p.105-8
 Coping styles, cancer, #264 p.14
 Coriolus mushroom, natural killer cell activity, #261 p.64, #262 p.84
Coriolus versicolor, chronic fatigue, #267 p.20
 Coronary heart disease, Chinese herbal medicine, #262 p.38-42
 Cough, esophageal reflex, #268 p.102

Cough, naturopathic remedy, #268 p.54
 COX-2 inhibitors, alternatives, #269 p.120-2
 Crampex (MediHerb), dysmenorrhea, #258 p.57-9
Crataeva nurvala, kidney & bladder stones, #267 p.52-3
 C-reactive protein, diet, #262 p.21
 Creatine, #269 p.92-6
 Crib death (See Sudden infant death syndrome), #261 p.52-5
 Crime prevention, Transcendental Meditation®, #259/260 p.120
 Cromolyn sodium, food allergy reactions, #265/266 p.28
 Culbert, Michael L., ScD (obituary), #258 p.16-17
 Cupping, chronic fatigue, #265/266 p.39-42
 Curcumin, cancer, #264 p.45
 Cystic fibrosis, glutathione aerosol, #268 p.36
 Cystic fibrosis, herbal medicine, #261 p.46
 Cystic fibrosis, mucus production, #268 p.27

D

Daniels, Dr. Jennifer, Office of Professional Medical Conduct (New York), #262 p.50-1
 Death, anthropology, #269 p.123-5
 Death, cultural views, #269 p.26
 Dementia, supplements & diet, #269 p.24
 Demulcents, phytotherapy, #268 p.102
 Dental caries, #263 p.26
 Dental conditions, homeopathy, #263 p.86-9
 Dentistry, #263 p.81-2
 Dentistry, cavitations, #265/266 p.78-9
 Dentistry, oxygen therapy, #263 p.73-6
 Depression (midlife), DHEA, #269 p.47+
 Depression, DHEA, #269 p.141
 Depression, myocardial infarction, #259/260 p.49
 Depression, osteoporosis, #261 p.41-3
 Depression, renal failure mortality, #267 p.92
 Depression, yoga, #259/260 p.49
 Dermatitis, Phytoskin®, #269 p.74-80
 Detoxification, #259/260 p.64-6, #263 p.69
 Detoxification, pain management, #258 p.132-4
 Detoxification, water, online
 DHEA (dehydroepiandrosterone), depression, #269 p.141
 DHEA (dehydroepiandrosterone), longevity, #269 p.63-4
 DHEA (dehydroepiandrosterone), midlife-onset depression, #269 p.47+
 Diabetes, cardiovascular disease, #267 p.46-8
 Diabetes, kidney disease, #267 p.22+
 Diabetes, starchy food temperature, #262 p.22
 Diabetic nephropathy, Chinese herbal medicine, #267 p.86-7
 Diabetic nephropathy, herbs, #267 p.88-91
 Diabetic neuropathy, acetyl-L-carnitine, #269 p.48
 Dialysis, anxiety, #267 p.94
 Dialysis, biofeedback, #259/260 p.48
 Dietary Supplement Safety and Education Act of 1994, #267 p.23, #268 p.94-5
 Dietary Supplement Safety and Education Act of 1994, Codex Alimentarius, #267 p.18-19
 Diet, chronic inflammation, #262 p.17+
 Diet, C-reactive protein, #262 p.21+
 Diet, learning, #259/260 p.160
 Dieting, #258 p.118
 Digestion, manual evaluation, #264 p.99
 Digestive health, online, #268 p.43-4
 Disease, RNA-based therapies, #262 p.61-3
 Diuretics, herbs, #267 p.52
 Down syndrome, *Ginkgo biloba*, #265/266 p.50
 Dowsing, geopathic stress, #261 p.53-5
 Drug companies, medical journals, #265/266 p.25
 Drug companies, natural products research, #265/266 p.25+
 Drug development, cancer, #267 p.34-5
 Drug Nutrient Workshop (www.NutritionWorkshop.com), drug-supplement interactions, #263 p.50-3

Dry mouth, prescription drugs, #263 p.16
 Dry mouth, SalivaSure®, #268 p.16
 Due process reform, New York, #258 p.32–3
 Dust mites, reducing exposure, #268 p.28+
 Dying, #263 p.66
 Dysmenorrhea, phytotherapy, #258 p.57–9
 Dysoxygenosis, #262 p.94–5
 Dysoxygenosis, cancer, #264 p.122–6+
 Dysoxygenosis, Iraq War-Associated Sickness, #259/260 p.134–8
 Dysoxygenosis, mercury, #263 p.73–6

E

Eating patterns, insulin resistance, #259/260 p.36
 Echinacea, #259/260 p.41–4
 Echinacea, *NEJM* bias, #268 p.96
 Echinacea, upper respiratory infections, #267 p.7
 EDTA chelation therapy, kidneys, #267 p.102–8
 Education, Buddhist principles, #258 p.110
 Elderly, tai chi, #269 p.28
 Electro-acupuncture, chronic fatigue, #265/266 p.39–42
 Electromagnetic fields, #264 p.113–14
 Electromagnetic fields, cell phones, #265/266 p.79
 Electromagnetic fields, health risks, #263 p.22–4
 Elimination diet, respiratory conditions, #268 p.83–7
 Ellner, Michael, AIDS experience, #265/266 p.88–9
 Emotional disclosure, longevity, #269 p.128
 Emotional issues, Psychosomatic Energetics™, #262 p.84–6
 Emotions, immune function, #269 p.127
 Emotions, proinflammatory cytokines, #262 p.44
 Emotions, renal disease, #267 p.94
 End-of-Life, psychedelic research, #264 p.16
 Endometrium, soy isoflavones, #261 p.101, #264 p.142+
 Energy healing, #259/260 p.119
 Energy medicine, clinical & experimental research, #268 p.17
 Environmental illness, #265/266 p.87
 Environmental illness, Allergy & Environmental Health Association (Canada), #265/266 p.70
 Environmental toxins, breast cancer, #267 p.36–9
 Enzyme activity, allergies, #261 p.64–5
 Enzymes, fibromyalgia, #265/266 p.24+
 Ephedra, FDA ban declared unlawful, #267 p.17
 Epidemics, anthropology, #268 p.105–8
 Ergonomics, pain, #258 p.28
 Esophageal reflux, asthma, #268 p.102
 Essential fatty acids, chronic lung disease, #267 p.28
 Estradiol, #258 p.105–7
 Estrogen replacement therapy, #258 p.105–7
 Estrogen replacement therapy, herb interaction, #258 p.138
 EU Food Supplement Directive, #264 p.14+, #267 p.24
 Exercise, aging, #259/260 p.16
 Exercise, breast cancer survival, #269 p.141
 Exercise, osteoporosis, #261 p.20
 Exercise, stress & hormones, #269 p.90–1
 Expectorants, phytotherapy, #268 p.100+

F

Farber, Celia, AIDS in Africa, #269 p.33–6
 Fast food, #263 p.13
 Feet, ergonomic insole, #265/266 p.71–4
 Fibrin, cancer, #264 p.100–2+
 Fibroids, yarrow, #267 p.72
 Fibromyalgia, #261 p.69
 Fibromyalgia, Oral Systemic Balance®, #264 p.90–5
 Fibromyalgia, proteolytic enzymes, #265/266 p.24+
 Fish liver oil, vitamin A excess, #269 p.17
 Fish, mercury, #265/266 p.35–6

Fish oil, acute pancreatitis, #269 p.46+
 Fluoride, bone cancer, #268 p.23
 Fluoride, brain & thyroid toxicity, #261 p.56–61
 Flu vaccine, FDA oversight, #268 p.29
 Flu vaccine, flu-related deaths, #269 p.26
 Folic acid mouthwash, gingivitis, #263 p.25
 Food additives, hyperactive behavior, #258 p.36
 Food allergies, online
 Food allergies, cromolyn sodium, #265/266 p.28
 Food allergies, nephrotic syndrome, #267 p.26+
 Food allergy, #268 p.44
 Food combining, #269 p.7
 Food, heat processing, #267 p.60–4
 Food intake, serving bowl size, #267 p.28
 Food labels, #269 p.42–4
 Food, medicinal/'superfoods', #267 p.78
 Food pyramid, #264 p.15
 Food sensitivities, low carbohydrate diets, #258 p.110–11
 Formula #18, cancer prevention, #264 p.66–9
 Fracture prevention, vitamin D3, #268 p.37+
 Fracture risk, bone mineral density, #261 p.22
 Fractures, depression, #261 p.42
 Fractures, homeopathy, #261 p.80–1
 Functional medicine, Institute of Functional Medicine, #264 p.18–19
 Fungal infections, soil-based organisms, #264 p.117–20
 Fungal overgrowth, Shy-Drager Syndrome (MSA), #262 p.61–3

G

Gallbladder flush, olive oil-lemon juice, #268 p.38
 Gallbladder/liver cleansing, Annapurna Center for Self Healing (Port Townsend, WA), #262 p.68–72
 Gamma linolenic acid, multiple sclerosis, #261 p.62–3
 Gamma-tocopherol, congestive heart failure, #262 p.20
 Garlic, cardiovascular health & longevity, #269 p.55–6
 Garlic, *Helicobacter pylori*, #259/260 p.34
 Genetics, heart defects, #259/260 p.22
 Geopathic stress, health effects, #261 p.52–5
 Ginger, inflammation, #259/260 p.150
 Gingivitis, folic acid mouthwash, #263 p.25
Ginkgo biloba, Down syndrome, #265/266 p.50
Ginkgo biloba, oral health, #263 p.32
 Giraldo, Roberto, MD, AIDS, #267 p.44–5
 Global warming, asthma, #268 p.25–6
 Glutamine, childhood diarrhea, #261 p.24
 Glutamine, immune function, #262 p.106–12
 Glutathione aerosol, cystic fibrosis, #268 p.36
 Glycemic control, herbs, #267 p.88–91
 Grapefruit seed extract, preservative compounds, #259/260 p.108–10
 Graviola (*Annona Muricata*), cancer, #264 p.45
 Green tea, cancer prevention, #264 p.39+
 Green tea, cardiovascular health & longevity, #269 p.51–4
 Green tea, oral health, #263 p.32, #263 p.39
 Green tea, ovarian cancer, #269 p.142
 Guaifenesin, sinusitis, #268 p.30
 Guggul, inflammation, #259/260 p.151
 Gulf War Syndrome, dysoxygenosis, #259/260 p.134–8
 Gulf War Syndrome, Pall's elevated nitric oxide/peroxynitrite hypothesis, #265/266 p.52–6
 Gut-associated lymphoid tissue (GALT), glutamine, #262 p.106–12
 Gut dysbiosis, soil-based organisms, #264 p.117–20

H

Harman, Denham, MD, PhD, free radical theory of aging, #269 p.25+
 Hayfever, vitamin E, #261 p.25

Headaches, Chinese herbal medicine, #258 p.50–2
 Head lice, treatment, #268 p.24
 HEAL (Health Education AIDS Liaison), #265/266 p.88–9
 Health care costs, #263 p.67
 Health care freedom, Michael L. Culbert, #258 p.16–17
 Health care reform, New York, #261 p.72–3
 Health care system, #258 p.117
 Health data mapping, internet, #262 p.114–15
 Health information, censorship, #269 p.20
 Heart defects, genetics, #259/260 p.22
 Heart disease, cholesterol & diet, #262 p.16
 Heart disease, insulin, #262 p.54–6
 Heart disease, magnesium, #265/266 p.30
 Heart disease, meditation, #259/260 p.52
 Heart function, creatine, #269 p.94
 Heavy metals, Ayurvedic preparations, #262 p.48
 Heavy metals, Chelorex (oral chelator), #265/266 p.62–9
 Heavy metals, detoxification, #265/266 p.24
 Heavy metals, integrative medicine conference, #258 p.18
Helicobacter pylori, garlic, #259/260 p.34
 Heparin, burns, online, #267 p.7+, #267 p.66–9+
 Hepatic drug clearance, milk thistle, #265/266 p.49
 Herbalism, #262 p.92
 Herbs (see also Botanicals; Phytotherapy)
 Herbs, compounding liquid formulas, #263 p.68
 Herbs, diabetic nephropathy, #267 p.88–91
 Herbs, diuretic & aquaretic, #267 p.51–3
 Herbs, estrogen interaction, #258 p.138
 Herbs, psychotropic, #262 p.91
 Hibiscus tea, hypertension, #259/260 p.36
 Hip fractures, folic acid & vitamin B12, #264 p.22
 Homeopathy, #259/260 p.30–1
 Homeopathy, animal medicines, #258 p.63–5
 Homeopathy, animals/pets, #259/260 p.121
 Homeopathy, autism, #265/266 p.107–8+
 Homeopathy, bias, #269 p.110–11
 Homeopathy, classical prescribing, #269 p.135–8
 Homeopathy, dental conditions, #263 p.86–9
 Homeopathy, fractures, #261 p.80–1
 Homeopathy, liquid remedies & case management, #262 p.104–5
 Homeopathy, pervasive developmental disorder, #264 p.115–16
 Homeopathy, sinusitis & bronchitis, #268 p.58–60
 Homeopathy, spider remedies, #267 p.96–8+
 Homeopathy, *The Lancet* study, #268 p.16
 Homes, compatible living materials, #265/266 p.90–1
 Homocysteine, choline, #265/266 p.29
 Homocysteine, creatine, #269 p.95
 Hormesis, #258 p.80–2
 Hormesis, low-level radiation, #258 p.90–3
 Hormone imbalance, women's health, #269 p.115–19
 Hormone replacement therapy, alternative, #258 p.139
 Hormone replacement therapy, synthetic vs. bio-identical, #268 p.19–20
 Hostility, illness/mortality, #259/260 p.49
 Housing, alternative, #259/260 p.71–3
 Humoral immune deficiency, cortisol & thyroid replacement, #268 p.88–91
 Hurricane, internet resources, #269 p.40–1
 H-Wave® Device, neuropathies, #258 p.101–4
 Hydrotherapy, respiratory infections, #268 p.53–4
 Hyperactive behavior, food additives, #258 p.36
 Hyperbaric oxygen, stroke, #263 p.64
 Hyperbaric oxygen therapy, #268 p.93
 Hypercalciuria, kidney stones, #267 p.124+
 Hypertension, breathing, #259/260 p.48
 Hypertension, hibiscus tea, #259/260 p.36
 Hypertension, inaccurate measurement, #258 p.38
 Hypertension, qigong, #259/260 p.50
 Hypnosis, low back pain, #258 p.62
 Hypoadrenia, multiple chemical sensitivity, #259/260 p.129–33

I

Iatrogeny, Yurko Project, #259/260 p.112
 Ice therapy, pain management, #258 p.28
 Immune factors, standardized blood level scores, #268 p.90+
 Immune function, emotions, #269 p.127
 Immune function, glutamine, #262 p.106–12
 Immune function, stress, #265/266 p.102–6
 Immunity, stress, #262 p.44–7, #263 p.78–80
 Immunoaugmentive therapy, pancreatic cancer, #264 p.103–4
 Immunoglobulin A (IgA), deficiency, #268 p.88–91
 Infants, maternal smoking & iodine, #258 p.37
 Infants (extremely-low-birth-weight), vitamin A, #265/266 p.29+
 Infections, vitamins, #268 p.120+
 Inflammation (See also Chronic inflammation)
 Inflammation, acupuncture, #262 p.52–3
 Inflammation, arachidonic acid, #265/266 p.80
 Inflammation, Ayurvedic medicine, #259/260 p.148–51
 Inflammation, bee venom therapy, #262 p.16
 Inflammation, nutrients, #262 p.128
 Inflammation, oxygen homeostasis, #262 p.98–103
 Inflammation, stress, #262 p.44–7
 Inflammation, toxins, #259/260 p.64–6
 Inflammatory dysfunction, osteoporosis, #261 p.41–3
 Influenza vaccination, flu-related deaths, #269 p.26
 Influenza, vitamin C, #258 p.109+
 Inositol, psoriasis, #261 p.26
 Insole, Foot-in-the-sand technology®, #265/266 p.71–4
 Institute for Health & Healing (San Francisco), online, #265/266 p.16–17
 Institute of Functional Medicine, health policy, #264 p.18–19
 Institute of Medicine report, complementary & alternative medicine, #261 p.30–1
 Insulin, heart disease, #262 p.54–6
 Insulin resistance, eating patterns, #259/260 p.36
 Insulin response, eating patterns, #265/266 p.30
 Insulin sensitivity, weight-loss diet, #268 p.38
 Integrated Awareness®, mind-body interventions, #265/266 p.85
 Integrative medicine, health policy, #264 p.18–19
 Integrative medicine, Portland, Oregon, online, #267 p.58–9
 Integrative medicine, professional survival, #264 p.132–3
 Integrative medicine, Taiwan conference, #258 p.18
 Integrative medicine, University of Minnesota, #258 p.34–5
 Internet, bone health & nutrition, #261 p.82–3
 Internet, chronic fatigue & chemical sensitivity, #265/266 p.32–3
 Internet, complementary & alternative medicine, #259/260 p.20
 Internet, health data mapping, #262 p.114–15
 Internet, Hurricane Katrina, #269 p.40–1
 Internet, nosocomial infections, #268 p.65–7
 Internet, stress, #263 p.42–3
 Internet links, #259/260 p.46–7
 Interstitial cystitis, acupuncture, #263 p.37
 Intravenous hydrochloric acid infusions, bacterial infections, #267 p.72+
 Iodine, online, #269 p.85–6+
 Iodine, deficiency, #269 p.14
 Iodine, dosage, #267 p.74–5
 Iodine, infants, #258 p.37
 Iodine, optimal human intake, #265/266 p.82–3
 Iodoral®, online, #269 p.85–6+
 Ipriflavone, #261 p.20+
 Iron, cancer, #264 p.81–4
 Iron deficiency, ADHD, #264 p.24
 Irritable bowel syndrome, Advanced Naturals MAX formulas, #259/260 p.123–6

K

Keene, Paul (obituary), #265/266 p.23

2005 KEYWORD INDEX for the *Townsend Letter for Doctors & Patients*

Kelley, William Donald, DDS, MS (obituary), #261 p.16–17
Kidney disease, diabetes, #267 p.22+
Kidney function, #267 p.14
Kidney function, cadmium, #267 p.21+
Kidney stones, calcium intake, #267 p.22
Kidney stones, calcium phosphate crystals, #267 p.25
Kidney stones (calcium oxalate), dietary minerals, #267 p.124+
Kidney stones, magnesium & vitamin B6, #267 p.26
Kidney stones, phytotherapy, #267 p.51–3
Kidney transplants, #267 p.25
Kidney transplants, organ trade, #267 p.40–2
Klenner, Dr Frederick, multiple sclerosis, online, #258 p.111–12, #262 p.79–81, #263 p.63, #269 p.97–8, #269 p.99–105
Knee surgery, BioniCare (R) Model BIO-1000™ System, #258 p.121–2
Kudzu, alcohol craving, #259/260 p.22

L

L-5-hydroxytryptophan (5-HTP), sleep terrors in children, #262 p.22
Labor (prolonged), bladder fistula, #267 p.24
Lactation support, #262 p.126–7
Lactobacillus, post-antibiotic yeast vaginitis, #261 p.102
Learning, dietary influences, #259/260 p.160
Legato, Dr. Marianne J., #269 p.22
Licorice, testosterone, #265/266 p.50
Lindane, #262 p.34
Linoleic acid, cardiovascular disease, #264 p.97–8
Liquid cartilage extract, cancer, #264 p.59–64
Liver cancer, urea, #264 p.22, #268 p.92
Liver C/S Plus, research, #261 p.77–9
Liver support, research, #261 p.77–9
Longevity, #269 p.114
Longevity, attitudes, #259/260 p.49–50
Longevity, calorie intake, #269 p.24+, #269 p.46
Longevity, dysoxygenosis, #269 p.130–4
Longevity, emotional disclosure, #269 p.128
Longevity, green tea, #269 p.51–4
Longevity, hormesis/calorie restriction, #258 p.80–2
Longevity, moxibustion, #269 p.65
Longevity, self-evaluation of health, #269 p.128
Longevity, stress & attitude, #269 p.126–7+
Longevity, thymus extract-DHEA-yoga-diet, #269 p.62–4
Low carbohydrate diets, food sensitivities, #258 p.110–11
Lyme disease, detection & Bradford Institute therapy, #258 p.70–9
Lyme Disease Research Center, #264 p.53–4
Lyme disease, Rife machines, #268 p.99
Lymphatic system, #264 p.15+
Lymphedema, bone bruises, #258 p.68–9

M

Macular degeneration, nutritional supplement, #264 p.23
Magnesium & vitamin B6, kidney stones, #267 p.26
Magnesium, myocardial dysfunction, #265/266 p.30
Magnesium, stress, #267 p.92
Magnesium, subarachnoid hemorrhage, #269 p.48
Maitake mushrooms, cancer, #264 p.44+
Maitake Products, Inc., Memorial Sloan-Kettering Cancer Center, #263 p.14
Major Basic Protein, rhinosinusitis, #268 p.30
Malpractice, reducing lawsuits, #263 p.16+
Mammography, alternative screening techniques, #267 p.36–7
Manganese, connective tissue repair, #269 p.14
Marburg virus, #263 p.13
Marketing, complementary & alternative medicine, #259/260 p.18–19
Massage, web sites, #258 p.131

Meat, arachidonic acid, #265/266 p.80
Meat, cooking & colorectal cancer, #259/260 p.34
Medical boards (See also Office of Professional Medical Conduct), #261 p.72–3
Medical boards, California, #265/266 p.26
Medical boards, due process abuse, #258 p.32–3
Medical boards, racial and ethnic bias, #262 p.50–1, #263 p.48–9
Medical error, reducing lawsuits, #263 p.16+
Medical journals, drug companies, #265/266 p.25
Meditation, #267 p.83
Meditation, atherosclerosis, #269 p.128
Meditation, atherosclerosis/hypertension, #259/260 p.52
Meditation, pain management, #258 p.61+
Meditation, protein restriction & renal failure, #267 p.92+
Melatonin, menstruation, #259/260 p.94–6
Memory, phosphatidylserine (soy), #258 p.37+
Menstrual pain, phytotherapy, #258 p.57–9
Menstrual pain, vitamin E, #269 p.46
Menstruation, melatonin, #259/260 p.94–6
Mercury, amalgam fillings, #264 p.107
Mercury, dysoxygenosis, #263 p.73–6
Mercury, health effects, #265/266 p.34–6
Mercury, neurotoxic effects, #264 p.30–2
Metabolic syndrome, Metagenics, Inc., #269 p.19
Metagenics, Inc., charitable giving, #263 p.14
Metagenics, Inc., metabolic syndrome, #269 p.19
Metamatrix, organic acid testing, #258 p.108
Metastatic bone cancer, Chinese herbal medicine, #264 p.33–4
Methicillin-Resistant Staphylococcus Aureus (MRSA), #268 p.61–5
Miasms, #269 p.137+
Microvascular system, #267 p.114–16
Migraines, #258 p.40–2, #258 p.47–8
Migraines, Chinese herbal medicine, #258 p.50–2
Migraines, coenzyme Q10, #268 p.38
Migraines, low-dose riboflavin, #265/266 p.28
Migraines, nutrition & herbs, #267 p.120–2
Migraines, tinted contact lenses, #261 p.26
Mild cognitive impairment, vitamin E, #268 p.92
Milk, #263 p.17+
Milk thistle, hepatic clearance of drugs, #265/266 p.49
Miller, Monica, Foundation for the Advancement of Innovative Medicine, #259/260 p.26–7
Mobile phones, acoustic neuroma, #264 p.77
Moss Reports, cancer, #268 p.48
Mouth sores, food sensitivities, #258 p.139
Movement, Integrated Awareness®, #265/266 p.85
Moxibustion, longevity, #269 p.65
MTBE (methyl tertiary-butyl ether), #258 p.43–5
Mucolyxir (natural microdose DNA), respiratory conditions, #268 p.68–72
Multiple chemical sensitivity, #259/260 p.122, #265/266 p.15, #265/266 p.84, #269 p.108–9
Multiple chemical sensitivity, asthma, #265/266 p.59–61
Multiple chemical sensitivity, enzyme activity & detoxification, #265/266 p.77
Multiple chemical sensitivity, impaired enzymatic detoxification, #259/260 p.129–33
Multiple chemical sensitivity, nutrition supplement clinical trial, #265/266 p.18–19
Multiple chemical sensitivity, Pall's elevated nitric oxide/peroxynitrite hypothesis, #265/266 p.26, #265/266 p.52–6
Multiple chemical sensitivity, web sites, #265/266 p.32–3
Multiple chemical sensitivity, www.mcs-global.org, #265/266 p.76
Multiple sclerosis, borage oil & evening primrose oil, #261 p.62–3
Multiple sclerosis, Klenner protocol, online, #258 p.111–12, #262 p.79–81, #263 p.63, #269 p.97–8, #269 p.99–105
Multiple sclerosis, prostaglandin, #262 p.82

Musculoskeletal pain, neural therapy, #261 p.62
 Musculoskeletal pain, vitamin D, #258 p.113
 Music, immune function, #265/266 p.102
 Myasthenia gravis, Klenner protocol, online, #269 p.99–105
 Myocardial dysfunction, magnesium, #265/266 p.30
 Myocardial infarction, Chinese herbal medicine, #262 p.38–42
 Myocardial infarction, depression, #259/260 p.49

N

National Cancer Institute, war on cancer, #259/260 p.32–3, #261 p.28–9
 National Foundation of Alternative Medicine, #259/260 p.22+
 National Institutes of Health, conflict of interest, #262 p.18
 Natto, circulation, #267 p.17
 Natural health products, physicians' guide, #267 p.85
 Natural killer cell activity, active hexose correlated compound (AHCC), #259/260 p.88–92, #261 p.64
 Natural killer cell activity, Coriolus mushroom, #262 p.84
 Natural microdose DNA, respiratory conditions, #268 p.68–72
 Natural products research, drug companies, #265/266 p.25+
 Naturopathic medicine, #259/260 p.28–9, #259/260 p.97–102, #259/260 p.117
 Naturopathic medicine, women's health, #259/260 p.158–9
 Naturopathy, vulvovaginal candidiasis, #268 p.116–18
 Nausea, acupuncture & acupressure, #264 p.135
 Nephritis, acupuncture, #267 p.110–12
 Nephrotic syndrome, food allergy, #267 p.26+
 Neural therapy, musculoskeletal pain, #261 p.62
 Neurological illness, complementary & alternative medicine, #259/260 p.110–11
 Neuromuscular diseases, creatine, #269 p.92–3+
 Neuromuscular diseases, Schneider, Meir, #258 p.116
 Neuropathy, H-Wave® Device, #258 p.101–4
New England Journal of Medicine, drug bias, #258 p.36
 New Orleans, post-Katrina, #268 p.7
 Nexrutine®, arthritis, #269 p.121
 Nitric oxide/peroxynitrite hypothesis, multiple chemical sensitivity, #265/266 p.26, #265/266 p.52–6
 Nordic Naturals, Inc., fish oil-arthritis study, #267 p.16
 North American Herb and Spice, Hurricane Katrina relief, #269 p.21
 Nosocomial (hospital-acquired) infections, #268 p.61–5
 Nosocomial (hospital-acquired) infections, web sites, #268 p.65–7
 Nutrition, alcoholism, #258 p.83–8
 Nutrition powders, ConsumerLab.com, #268 p.18
 Nutrition, vaccines, #259/260 p.34

O

Obesity, #258 p.118
 Obesity, nutrient-dense food, #269 p.113
 Office of Professional Medical Conduct (New York), due process abuse legislation, #259/260 p.26–7, #261 p.72–3
 Office of Professional Medical Conduct (New York), due process rights, #258 p.32–3
 Office of Professional Medical Conduct (New York), racial and ethnic bias, #262 p.50–1
 Omega-3 fatty acids, #269 p.112
 Opioids, pain, #258 p.6
 Oral contraceptives, overweight women, #264 p.143
 Oral health, acupuncture, #263 p.83–5
 Oral health, functional foods/nutraceuticals, #263 p.32–4
 Oral health, natural medicines & lifestyle, #263 p.44–6
 Oral health, women's health, #263 p.94–5
 Oral Systemic Balance Therapeutic System®, TMJ, #263 p.56, #264 p.90–5
 Oregon Health & Science University, integrative medicine, online, #267 p.58–9

Organic acid testing, #258 p.108
 Orthomolecular treatment, anxiety disorders, #259/260 p.82–7
 Osteoarthritis, acupuncture, #264 p.143
 Osteoarthritis, placebo effect, #258 p.60
 Osteoarthritis, willow bark, #265/266 p.46
 Osteonecrosis, bisphosphonate, #261 p.18
 Osteoporosis, acupuncture, #261 p.85
 Osteoporosis, Chinese herbal medicine, #261 p.35–6
 Osteoporosis, depression/stress, #261 p.41–3
 Osteoporosis, dietary influences, #261 p.104
 Osteoporosis, drug-induced, #261 p.19+
 Osteoporosis, nutrients & hormones, #261 p.84
 Osteoporosis, progesterone, #265/266 p.28
 Osteoporosis, pro-inflammatory cytokines, #261 p.41–3
 Osteoporosis screening, #261 p.22
 Osteoporosis, sleep disorders, #261 p.42
 Osteoporosis, therapies, #261 p.66–7
 Osteoporosis, vitamin A, #269 p.17
 Otitis media, Mucolyxir (natural microdose DNA), #268 p.76
 Ovarian cancer, green tea, #269 p.142
 Overweight women, oral contraceptives, #264 p.143
 Oxidative coagulopathy, ischemic heart disease, #262 p.98–103
 Oxidative stress, renal disease, #267 p.93+
 Oxygen homeostasis, #262 p.94–5
 Oxygen homeostasis, osteoporosis, #261 p.86–93
 Oxygen homeostasis, pain, #258 p.46–8
 Oxystatic therapy, renal insufficiency, #267 p.101–8

P

Pain, caffeine, #258 p.140
 Pain, cognitive therapy/biofeedback, #259/260 p.48
 Pain, detoxification, #258 p.132–4, #259/260 p.64–6
 Pain, ergonomics, #258 p.28
 Pain, H-Wave® Device, #258 p.101–4
 Pain, meditation, #258 p.61+
 Pain, nutrition deficiencies, #258 p.113
 Pain, opioids, #258 p.6
 Pain, oxygen homeostasis, #258 p.46–8
 Pain, placebo, #258 p.60
 Pain, willow bark vs. diclofenac sodium, #265/266 p.46
 Pain assessment, #258 p.29+
 Pain management, #258 p.30
 Pain management, C. Norman Shealy, MD, PhD, #258 p.22–3
 Pain management, herbal/nutritional therapies, #259/260 p.144–7
 Pain management, ice therapy, #258 p.28
 Pain management, magnetic device, #258 p.29
 Pain management, mind-body therapies, #258 p.29
 Pain management, myofascial, #258 p.123–6
 Pain management, naturopathy, #258 p.24–6
 Pancreatic cancer, immunoaugmentive therapy, #264 p.103–4
 Pancreatitis, fish oil, #269 p.46+
 Pantethine, Parkinson's disease, #264 p.105
 Parental caring, adult health, #269 p.129
 Parkinson's disease, pantethine, #264 p.105
 Pasteur-Béchamp debate, #262 p.101–2
 Perfume, multiple chemical sensitivity, #265/266 p.76
 Perinatal stroke, blue cohosh, #261 p.45
 Periodontal disease, #263 p.54–5, #267 p.73
 Periodontal disease, Chinese medicine, #263 p.29–31
 Periodontal disease, nutrition, #263 p.96
 Periodontal disease, phytotherapy, #263 p.38–40
 Periodontal disease, premature delivery, #263 p.17
 Perioral dermatitis, fluoride toothpaste, #263 p.25
 Persistent organic pollutants, treaty, #262 p.33–5
 Pervasive developmental disorder, homeopathy, #264 p.115–16
 Pesticides, cancer, #261 p.32–4
 Pesticides, food, #269 p.42–4
 Pet food, #268 p.78–82

Pharmacodynamic interactions, drugs & supplements, #263 p.50–3
 Phosphatidylserine, cognitive function, #258 p.37+, #269 p.24
 Physicians, due process rights (NY), #258 p.32–3
 Phytic acid (inositol hexaphosphate or IP6), cancer, #264 p.81–4
 Phytochemicals, Ruby Reds™, #258 p.95–9
 Phytoskin®, psoriasis & atopic dermatitis, #269 p.74–80
 Phytostan, yeast overgrowth, #267 p.55–6
 Phytotherapy, menstrual pain, #258 p.57–9
 Phytotherapy, periodontal disease, #263 p.38–40
 Phytotherapy, respiratory conditions, #268 p.100–2
 Pinworms, #262 p.96–7
 Placebo effect, pain, #258 p.60
 Platelet aggregation, potassium, #263 p.26
 Pollution, cancer industry, #264 p.108–9
 Poly-MVA, cancer, #264 p.16
 Potassium, platelet aggregation, #263 p.26
 Potatoes, glycemic index, #262 p.22
 Prayer, AIDS, #259/260 p.52
 Prayer, rheumatoid arthritis pain, #258 p.62
 Pregnancy, nutrition, #264 p.134+
 Premature delivery, periodontal disease, #263 p.17
 Premature delivery, vitamin C, #267 p.28
 Prescription drugs, dry mouth & tooth decay, #263 p.16
 Price, Weston A., DDS, tooth decay, #263 p.18
 Produce spoilage, Zeolite-coated potassium permanganate, #267 p.71
 Progesterone, osteoporosis, #265/266 p.28
 Propolis, oral health, #263 p.38+
 Prosch, Gus J., Jr., MD (obituary), #265/266 p.20–2
 Prostabel®, prostate cancer, #264 p.73–4, #265/266 p.110–11
 Prostaglandin, multiple sclerosis, #262 p.82
 Prostate cancer, Prostabel®, #264 p.73–4, #265/266 p.110–11
 Prostate cancer, Provenge, #263 p.20
 Prostate cancer, tomato extract, #264 p.17
 Prostate cancer, vitamin D, #264 p.22
 Proteolytic enzymes, cancer, #264 p.45
 Provenge, prostate cancer, #263 p.20
 Psoriasis, inositol, #261 p.26
 Psoriasis, Phytoskin®, #269 p.74–80
 Psychedelic research, end-of-life, #264 p.16
 Psychosomatic Energetics™, autonomic blocks & emotional issues, #262 p.84–6
 Psychotropic herbs, #262 p.91
 Public health, toxic exposure, #259/260 p.105–6+

Q

Qigong, cancer, #264 p.87–9
 Qigong Energy Medicine Database™, clinical & experimental research, #268 p.17
 Qigong, hypertension, #259/260 p.50
 Quinn, Sheila, Institute for Functional Medicine, #264 p.18–19

R

Racial & ethnic bias, medical boards, #262 p.50–1, #263 p.48–9
 Radiation, hormesis, #258 p.82, #258 p.90–3
 Radiation dermatitis, calendula ointment, #261 p.103
 Radiation therapy, vitamin E, #259/260 p.35
 Radiofrequency electromagnetic fields, cancer, #269 p.58–60
 Raw food diet, #261 p.70
 Reference Daily Intakes, micronutrient deficiency, #261 p.49–51
 Renal disease, oxidative stress, #267 p.93+
 Renal disease, social support, #267 p.93
 Renal disease, stress, #267 p.94
 Renal failure, coenzyme Q10, #267 p.26
 Renal failure, depression, #267 p.92
 Renal failure, meditation, #267 p.92+

Renal insufficiency, oxystatic & chelation therapies, #267 p.101–8
 Renal tubular damage, cadmium, #267 p.21+
 Repetitive strain injuries, acupuncture & acumoxa therapy, #259/260 p.139–43
 Respiratory disease, elimination diet, #268 p.83–7
 Respiratory disease, natural microdose DNA, #268 p.68–72, #268 p.73–7
 Respiratory disease, phytotherapy, #268 p.100–2
 Respiratory infections, #263 p.77
 Respiratory infections, antibiotic alternatives, #268 p.41–2
 Respiratory infections, naturopathic treatment, #268 p.53–6
 Rheumatoid arthritis pain, prayer, #258 p.62
 Rheumatoid disease, ameba infections, #262 p.20+
 Rheumatoid disease, Wyburn-Mason/Blount protocol, #265/266 p.20–2
 Rhinosinusitis (see also Sinusitis)
 Rhinosinusitis, guaifenesin, #268 p.30
 Rhinosinusitis, immune response to fungal spores, #268 p.30
Rhodiola rosea, #262 p.26–8
 Riboflavin, migraines, #265/266 p.28
 Rife machines, #268 p.99
 Rife, Royal, cancer, #268 p.97
 Riordan, Hugh D., MD (obituary), #259/260 p.17
 RNA-based therapies, #262 p.61–3
 Rosacea, azelaic acid, #258 p.36
 Royal College of Alternative Medicine, CAM fellowship, #258 p.21
 Ruby Reds™, #258 p.95–9

S

Sage, Alzheimer's disease, #265/266 p.46+
 Saliba Burns Institute, #267 p.66–9+
 SalivaSure®, dry mouth, #268 p.16
Salvadora persica chewing sticks
 oral health, #263 p.38
Salvadora persica chewing sticks, oral health, #263 p.32
 SAME, ConsumerLab.com, #259/260 p.16
Sanguinaria canadensis (blood root), #263 p.40
Sanguinaria canadensis (blood root), oral health, #263 p.45
 Santee, Rick, California Medical Board, #265/266 p.81
 Schneider, Meir, neuromuscular diseases, #258 p.116
 Sciatica, warm needle acupuncture & cupping, #258 p.128–9
 Science Formulas Inc./Cellphysics.org, Chelorex clinical study, #265/266 p.62–9
 Seasonal allergic rhinitis, prevention, #262 p.118–20
 Selective serotonin reuptake inhibitors (SSRIs), psychotropic herbs, #262 p.91
 Selenium, chemotherapy, #258 p.38
 Serving bowl size, consumption, #267 p.28
 Sexual health, women, #269 p.115–19
 Shy-Drager Syndrome (MSA), East West Clinic protocol, #262 p.61–3
 Sinaiko, Robert, MD, California Medical Board win, #265/266 p.26
 Sinusitis (see also Rhinosinusitis)
 Sinusitis, bromelain, #268 p.36
 Sinusitis, homeopathy, #268 p.58+
 Sinusitis, immune response to fungal spores, #268 p.36
 Sir2 gene, aging, #269 p.131+
 Skin aging, topical vitamin C, #269 p.46
 Skin conditions, mind-body interventions, #262 p.45
 Sleep, #269 p.89–90
 Sleep disorders, osteoporosis, #261 p.42
 Sleep disorders, valerian, #261 p.44
 Sleep terrors, L-5-hydroxytryptophan, #262 p.22
 Smell loss, intranasal zinc, #259/260 p.36
 Smoking, infant brain development, #258 p.37
 Social support, cancer, #264 p.49+

Social support, renal disease, #267 p.93
 Soil-based organisms, gut dysbiosis, #264 p.117–20
 Sound Health, Inc., back pain, #258 p.119–20
 Soy isoflavones, endometrium, #261 p.101, #264 p.142+
 Soy isoflavones, thyroid function, #264 p.142
 Spice oils, #269 p.21
 Spider remedies, homeopathy, #267 p.96–8+
 Spleen qi vacuity, *Bu Zhong Yi Qi Tang*, #265/266 p.96–101
 Spontaneous healing, cancer, #264 p.51–2
 Standard Process, wellness program, #264 p.77
 Statin drugs, coenzyme Q10, #263 p.14
 Statin drugs, testosterone, #262 p.56
 Stem cells, cancer, #262 p.24–5, #264 p.20–1
 Stem cell therapy, #269 p.70–3
 Stem cell therapy, Steenblock Research Institute, #269 p.27+
 St. John's wort, birth control pills, #258 p.139
 Stomach cancer, undifferentiated stem cells, #262 p.24–5
 Stress, adrenal response, #259/260 p.59–62
 Stress, aging & longevity, #269 p.126
 Stress, BreathSounds, #259/260 p.20
 Stress, cancer, #264 p.48–52
 Stress, cellular aging, #269 p.28
 Stress, Center for Mind-Body Medicine professional program, online, #269 p.38–9
 Stress, hormone balance, #269 p.89–91
 Stress, immune function, #265/266 p.102–6
 Stress, immunity, #263 p.78–80
 Stress, inflammation, #262 p.44–7
 Stress, internet, #263 p.42–3
 Stress, magnesium, #267 p.92
 Stress, osteoporosis, #261 p.41–3
 Stress, renal disease, #267 p.94
 Stroke, hyperbaric oxygen, #263 p.64
 Stroke, stem cell therapy, #269 p.27+
 Strontium, dental caries, #263 p.26
 Sturm, Dr. Walter D. (obituary), #261 p.13
 Subarachnoid hemorrhage, magnesium, #269 p.48
 Subtle energy field, Psychosomatic Energetics™, #262 p.84–6
 Sudden infant death syndrome, geopathic stress, #261 p.52–5
 Sugar, breast cancer, #264 p.17
 Sugar, cancer, #264 p.102
 "Supersize Me", fast food, #263 p.13
 Supplement-drug interactions, Drug Nutrient Workshop (www.NutritionWorkshop.com), #263 p.50–3
 Supplements, benefits & safety, #267 p.23+
 Supplements, bias against, #265/266 p.29+
 Supplements, Codex regulation, #262 p.18+
 Surgery, cancer spread, #268 p.46–8
 Surgery, placebo effect, #258 p.60
 Synchrozyme™, adrenal function, #259/260 p.132

T

Tai chi, benefits, #269 p.28
Tanacetum parthenium (feverfew), leukemia, #264 p.20–1
 Tea, body fat, #263 p.26
 Teeth, anthropology, #263 p.90–1
 Teething, homeopathy, #263 p.88+
 Teeth whiteners, #263 p.19
 Telomeres, psychological stress, #269 p.28
 Testosterone, licorice, #265/266 p.50
 Testosterone therapy, postmenopausal women, #269 p.141+
 Therapeutic Touch, #258 p.115
 Thimerosal, #264 p.30+
 Thyroid, fluoride, #261 p.57–8
 Thyroid function, soy isoflavones, #264 p.142
 TMJ, #263 p.56–60
 TMJ, Oral Systemic Balance®, #263 p.56, #264 p.90–5
 Tobacco smoke, African-Americans, #268 p.31
 Tomato extract, advanced glycation end products, #261 p.25

Tomato extract, prostate cancer risk, #264 p.17
 Tonic, ViaViente (Albion Laboratories), #262 p.73–6
 Tooth decay, prescription drugs, #263 p.16
 Tooth decay, Weston A. Price, DDS, #263 p.18
 Toothpaste, canker sores, #263 p.25
 Tourette's syndrome, #267 p.84
 Toxic exposure, #259/260 p.105–6+
 Toxic exposure, Gulf War syndrome, #259/260 p.138
 Transcendental Meditation®, criminal rehabilitation & crime prevention, #259/260 p.120
 Transplant organs, international trade, #267 p.40–2
 Triglyceride levels, berberine, #265/266 p.30
 True North Health Center (Falmouth, Maine), #262 p.36–7
 Tuberculosis, anthropology, #268 p.105–8
 Tuberculosis, cholesterol-rich diet, #268 p.37
 Turmeric, cancer prevention, #264 p.40
 Turmeric, inflammation, #259/260 p.149

U

Umbilical cord stem cells, #269 p.68–9+
 Un-Cereal™, #267 p.60–4
 Urea, liver cancer, #264 p.22, #268 p.92
 Urge incontinence, acupuncture, #267 p.21
 Urinary incontinence, acupuncture, #269 p.142
 Urinary incontinence, conjugated equine estrogens (Premarin®), #264 p.24
 Urinary tract infections, antibiotic alternatives, #268 p.111–12

V

Vaccines, nutritional support, #259/260 p.34
 Vaginal yeast infection, boric acid powder, #258 p.138+
 Vaginitis, intravaginal vitamin C, #264 p.24
 Valerian, sleep disorders, #261 p.44
 Vancomycin-Resistant Enterococcus (VRE), #268 p.61–5
 Vascular endothelial growth factor (VEGF), cardiovascular disease, #262 p.19
 Vermicomposting, #267 p.33
 ViaViente (Albion Laboratories tonic), #262 p.73–6
 Vital Quest, computerized homeopathic selection, #269 p.138
 Vital sensation, homeopathy, #269 p.136
 Vitamin A, fish liver oil, #269 p.17
 Vitamin A, neonatal care, #265/266 p.29+
 Vitamin B complex, carotid atherosclerosis, #269 p.47
 Vitamin B complex, multiple sclerosis/myasthenia gravis, online, #269 p.99–105
 Vitamin C, cancer, online
 Vitamin C, influenza, #258 p.109+
 Vitamin C (topical), photoaged skin, #269 p.46
 Vitamin C, preterm delivery, #267 p.28
 Vitamin C, tumor-toxic levels, #269 p.18
 Vitamin D, cautions, #269 p.142+
 Vitamin D, D2 vs. D3, #267 p.27
 Vitamin D, fracture prevention, #268 p.37+
 Vitamin D, musculoskeletal pain, #258 p.113
 Vitamin D, prostate cancer, #264 p.22
 Vitamin E, Cambridge Heart Antioxidant Study, #259/260 p.107–8
 Vitamin E, congestive heart failure, #262 p.20
 Vitamin E, hayfever, #261 p.25
 Vitamin E, menstrual pain, #269 p.46
 Vitamin E, mild cognitive impairment, #268 p.92
 Vitamin E, radiation therapy, #259/260 p.35
 Vitamin E supplementation, mortality, #259/260 p.115–16
 Vitamin K, arteries, #264 p.23+
 Vitamin K, bone health, #261 p.24, #261 p.39–40
 Vitamins, cancer, #264 p.78–80
 Vitamins, infections, #268 p.120+
 Vulvar pain, #258 p.19–20

2005 KEYWORD INDEX for the *Townsend Letter for Doctors & Patients*

Vulvovaginal candidiasis, naturopathic treatment, #268 p.116–18

W

Walnut Acres, #265/266 p.23

Water, online, #258 p.114

Water quality, #259/260 p.24

Weight loss, calcium intake, #259/260 p.35

Weight loss, high/low carbohydrate diet, #268 p.38

Whole grains, alkylresorcinols, #267 p.27+

Wider, Jennifer, MD, #258 p.20

Willow bark, diclofenac sodium (NSAID), #265/266 p.46

Women, sexual decline, #269 p.115–19

Women's health, naturopathy, #259/260 p.158–9

Women's health, oral health, #263 p.94–5

Women, testosterone therapy, #269 p.141+

Woodward, Theodore E., MD (obituary), #267 p.76

X

Xylitol, #261 p.58–9

Xylitol, children, #259/260 p.104

Xylitol, dental caries, #263 p.26

Xylitol, oral health, #263 p.44

Y

Yarrow, bleeding, #267 p.72

Yoga, depression, #259/260 p.49

Yurko Project, iatrogeny, #259/260 p.112

Z

Zablocki, Elaine, online

Zeolite-coated potassium permanganate, produce spoilage,

#267 p.71

Zinc (intranasal), smell loss, #259/260 p.36