

# Townsend Letter Book Review Index 2012

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## C

- Cancer as a Metabolic Disease* by Thomas N. Seyfried, PhD  
(reviewer: Ralph Moss, PhD), **online**, #353 p.39–41
- The Cancer Survivor's Bible* by Jonathan Chamberlain  
(reviewer: Jonathan Collin, MD), #349/350 p.117
- The Chromosomal Imbalance Theory of Cancer: The Autocatalyzed Progression of Aneuploidy is Carcinogenesis* by David Rasnick  
(reviewer: none), #349/350 p.115–16+

## F

- Fundamentals of Generative Medicine Volume I* by Peter J. D'Adamo, ND  
(reviewer: Peter Bongiorno, ND, L.Ac), #352 p. 102

## H

- Honest Medicine: Effective, Time-Tested, Inexpensive Treatments for Life-Threatening Diseases* by Julia Schopick  
(reviewer: Irene Alleger), **online**, #351 p.97–8

## I

- Integrative Medicine and Functional Medicine for Chronic Hypertension: An Evidence-Based Monograph on the Treatment of High Blood Pressure* by Dr. Alex Vasquez  
(reviewer: Katherine Duff), #346 p.107

## L

- The Low GI Handbook* by Jennie Brand-Miller, PhD; Thomas Wolever, MD; Kaye Foster-Poswell; and Stephen Colagiuri, MD  
(reviewer: Katherine Duff), #353 p.98

## M

- Managing Multiple Sclerosis Naturally: A Self-Help Guide to Living with MS* by Judy Graham  
(reviewer: Irene Alleger), #343/344 p.110
- Minding the Bedside* by Jerome Stone, RN, MA  
(reviewer: Elaine Zablocki), #342 p.27–8

## O

- Oncothermia: Principles and Practices* by Andras Szasz, Nora Szasz, and Oliver Szasz  
(reviewer: Ralph Moss, PhD), #346 p.111–13
- Our Toxic Legacy: How Lead, Mercury, Arsenic and Cadmium Harm Our Health* by Beatrice Trum Hunter  
(reviewer: Marjorie Tietjen), #348 p.94–5

## P

- Practical Pearls to Help You and Your Family Today (DVD)* by Doris J. Rapp, MD  
(reviewer: Jule Klotter), #343/344 p.108–9
- Primal Panacea* by Thomas E. Levy, MD, JD  
(reviewer: Owen R. Fonorow), #342 p.81

## R

- Radical Medicine - Cutting-Edge Natural Therapies that Treat the Root Causes of Disease* by Louisa L. Williams, MS, DC, ND  
(reviewer: Jonathan Collin, MD), #342 p.8+

## S

- Safe Uses of Cortisol* by William Mck. Jefferies, MD  
(reviewer: Owen R. Fonorow), **online**, #352 p.100–1

- Sleep-Powered Wellness: Better Bedrooms for Turbocharged Zzzz's* by Angela Hobbs  
(reviewer: Katherine Duff), #345 p.83
- Staying Healthy in the Fast Lane: 9 Simple Steps to Optimal Health and Real Healthcare Reform* by Kirk Hamilton  
(reviewer: Katherine Duff), #352 p.99
- Super Sad True Love Story* by Gary Shteyngart  
(reviewer: Jonathan Collin, MD), **online**, #352 p.6+

## T

- They're Poisoning Us! From the Gulf War to the Gulf of Mexico: An Investigative Report* by Arnold Mann  
(reviewer: Katherine Duff), #343/344 p.107+
- 32 Tips That Could Save Your Life* by Doris J. Rapp, MD  
(reviewer: Jule Klotter), #343/344 p.108–9

## W

- What Went Wrong: The Truth Behind the Clinical Trial of the Enzyme Treatment of Cancer* by Nicholas J. Gonzalez, MD  
(reviewer: Howard Straus), #353 p.99–100
- When the Body Says No* by Gabor Maté, MD  
(reviewer: Jonathan Collin, MD), #347 p.6+