## **EDITORIAL CALENDAR**

## **Advertising Deadlines | Manuscript Deadlines\***

November 2018, #424: FIBROMYALGIA, CHRONIC FATIGUE, CHEMICAL SENSITIVITY, AND PAIN

<u>MANAGEMENT.</u> Strategies for managing fibromyalgia and chronic fatigue. Sleep disorders. Diagnosing and treatment of multiple chemical sensitivity disorder. Transitioning from opioids to non-pharmacologic management of pain. Non-drug management of addiction to opioids.

December 2018, #425: MEN'S HEALTH, ANTI-AGING THERAPIES, UPPER RESPIRATORY INFECTIONS,

AND ARTHRITIS. Prevention and treatment of heart disease, cancer, and metabolic syndrome. Hormone replacement therapy. Improving exercise performance without anabolic steroids. Bolstering immune system to prevent flu and upper respiratory infections. Managing degenerative arthritis.

January 2019, #426: LAB TESTING AND DIAGNOSTICS, DETOX PROTOCOLS, AND WEIGHT

MANAGEMENT. Functional and integrative lab assessment for cardiovascular disease, cancer, allergy, gastrointestinal disorders and neurologic functioning. Strategies for detoxifying liver and kidneys. Dietary weight management protocols.

**February/March 2019, #427/428:** WOMEN'S HEALTH, DETOX, AND WEIGHT MANAGEMENT. Disorders of breasts and pelvic organs. Bladder disorders and urinary incontinence. Management of pregnancy and postpartum disorders. Hormone replacement disorders. Liver and G.I. detox protocols. Diet protocols. Food allergy testing.

April 2019, #429: <u>SEASONAL ALLERGIES, SKIN DISORDERS, EYE DISORDERS, AND LUNG DISEASE.</u> Non-pharmacologic approaches to managing seasonal allergies. Desensitization techniques. Psoriasis, eczema, and acne treatment protocols. Prevention of skin cancer. cataract and glaucoma prevention. Management of macular degeneration. Chronic lung disorders and asthma treatment.

May 2019, #430: <u>CARDIOVASCULAR HEALTH, METABOLIC SYNDROME, AND DIABETES.</u> Male and female cardiac evaluation and treatment. Management of cardiac arrhythmia and anti-clotting treatment protocols. Stroke treatment and prevention. Peripheral vascular disease. Non-drug approaches to hypertension and hypercholesterolemia. Nutritional management of metabolic syndrome and diabetes. Preventing complications of diabetes.

June 2019, #431: TRAVEL AND OUTDOORS MEDICINE, LIVER DISEASE, KIDNEY DISEASE, INFLAMMATION AND MITOCHONDRIAL DYSFUNCTION. Alternatives to travel immunizations. Homeopathic and herbal travel medicine kit. Treating weekend warrior injuries. Cirrhosis and fatty liver disease management. Beyond Hepatitis C medical therapy. Nutritional supplementation concerns in chronic kidney failure. Inflammation management through diet and supplementation. Causes of and treatments for

mitochondrial dysfunction and its role in chronic illness.

July 2019, #432: LYME DISEASE AND INFECTIOUS DISEASE. Management of Lyme disease and co-infections: Bartonella, Babesia, and other tick-borne disorders. Managing fungal disorders and mycotoxins. Zika virus and mosquito-borne infectious disease. Non-antibiotic therapies: herbal antimicrobial treatments. The role of I.V. therapies in managing Lyme disease and infectious disease. Strategies for reducing microbial resistance to antibiotics.

August/September 2019, #433/434: CANCER PREVENTION AND TREATMENT. Integrative cancer treatment protocols. Targeted chemotherapy. Treatment of chemotherapy adverse effects. Immunotherapy. Herbal and neutraceutical treatment protocols. Ketogenic diet versus other dietary management of cancer. Physical modalities in managing cancer including hyperthermia and hyperbaric oxygen. Laboratory diagnostics: Cancer Stem Cells.

October 2019, #435: BRAIN HEALTH, MENTAL HEALTH, AND NEUROLOGIC DISEASE. Dementia and Alzheimer's disease. Cognitive functioning and Attention Deficit Disorder. Depression and anxiety. Bipolar disorders. Multiple sclerosis and Parkinson's disease. Managing psychiatric disorder with pharmacologics. Treatment protocols for tapering off anti-depressants and anti-anxiety medication.

November 2019, #436: FIBROMYALGIA, CHRONIC FATIGUE, CHEMICAL SENSITIVITY, AND PAIN MANAGEMENT. Strategies for managing fibromyalgia and chronic fatigue. Sleep disorders. Diagnosing and treatment of multiple chemical sensitivity disorder. Transitioning from opioids to non-pharmacologic management of pain. Non-drug management of addiction to opioids.

December 2019, #437: MEN'S HEALTH, ANTI-AGING THERAPIES, UPPER RESPIRATORY INFECTIONS.

AND ARTHRITIS. Prevention and treatment of heart disease, cancer, and metabolic syndrome. Hormone replacement therapy. Improving exercise performance without anabolic steroids. Bolstering immune system to prevent flu and upper respiratory infections. Managing degenerative arthritis.

January 2020, #438: LAB TESTING AND DIAGNOSTICS, DETOX PROTOCOLS, AND WEIGHT MANAGEMENT. Functional and integrative lab assessment for cardiovascular disease, cancer, allergy, gastrointestinal disorders and neurologic functioning. Strategies for detoxifying liver and kidneys. Dietary weight management protocols.

AD DEADLINE: September 7, 2018

(ARTICLE DEADLINE: 8/3/2018)

AD DEADLINE: October 5, 2018
(ARTICLE DEADLINE: 8/31/2018)

AD DEADLINE: November 9, 2018
(ARTICLE DEADLINE: 10/5/2018

AD DEADLINE: January 4, 2019 (ARTICLE DEADLINE: 11/16/2018)

AD DEADLINE: February 8, 2019
(ARTICLE DEADLINE: 1/4/2019)

AD DEADLINE: March 8, 2019 (ARTICLE DEADLINE: 2/1/2019)

AD DEADLINE: April 12, 2019 (ARTICLE DEADLINE: 3/8/2019)

AD DEADLINE: May 10, 2019 (ARTICLE DEADLINE: 4/5/2019)

AD DEADLINE: July 5, 2019 (ARTICLE DEADLINE: 5/17/2019)

AD DEADLINE: August 9, 2019 (ARTICLE DEADLINE: 7/5/2019)

AD DEADLINE: September 6, 2019
(ARTICLE DEADLINE: 8/2/2019)

AD DEADLINE: October 4, 2019
(ARTICLE DEADLINE: 8/30/2019)

AD DEADLINE: November 8, 2019
(ARTICLE DEADLINE: 10/4/2019)

\*Manuscript deadlines noted in blue