

The Cannabis Revolution: Medical Benefits

by Stephen Holt, MD, DSc

Distinguished Professor of Medicine (Emeritus), author of *The Cannabis Revolution*

References

1. Reiman, A. Cannabis as a substitute for alcohol and other drugs. *Harm Reduct J.* 2009;6: 35-39.
2. Whittle BA, Guy GW. Development of cannabis-based medicines: risk, benefit and serendipity. *The Medicinal Uses of Cannabis and Cannabinoids*. London: Pharmaceutical Press, 2004.
3. Zuardi AW. History of cannabis as a medicine: a review. *Rev Bras Psiquiatr.* 2006; 28: 153-157.
4. Welsh J, Loria K. 23 Health Benefits of Marijuana. April 20, 2014.
5. Kumar RN, et al. Pharmacological actions and therapeutic uses of cannabis and cannabinoids. *Anesthesia.* 2001;56:1059-1068.
6. Mikuriya T. Marijuana in medicine: Past, present and future. *Calif Med.* 1969;110(1):34-40.
7. Pertwee RG. Pharmacological actions of cannabinoids. *Handb Exp Pharmacol.* 2005;1-51.
8. Gupta S. Medical Marijuana and “the entourage effect.” CNN Health. March 11, 2014.
9. Hall W, Degenhardt L. Drug Testing and Analysis. July 2013. DOI: 101002/dta 1506.
10. Pertwee RG. Emerging strategies for exploiting cannabinoid receptor agonists as medicines. *Br J Pharmacol.* 2009;156: 397-411.
11. Russo EB. Taming THC: potential cannabis synergy and phytocannabinoid-terpenoid entourage effects. *Br J Pharmacol.* 2011;163:1344-1364.
12. Ware MA, et al. The medicinal use of cannabis in the UK: results of a nationwide survey. *Int J Clin Pract.* 2005;59: 291-295.
13. Holt S. *The Cannabis Revolution*. iUniverse; Bloomington, IN; 2016. www.cannabisrevolution.com. ISBN: 978-1-4917-7631-5 (sc); 978-1-4917-7633-9 (hc) and 978-1-4917-7632-2 (e).